



Winter Menu 2012.

WEEK 1.

Fresh drinking water to be available at all times.

	Breakfast 9am	Snack 10:15am	Lunch 11:20am/ 11:45am	Snack 2pm/ 2:15pm	Tea 3pm/ 3:15pm	Snack 5:30pm	Specific requirements
Monday	Rice Crispies	Breadsticks	Ham & Mushroom tagliatelle with broccoli Banana & Kiwi	Sultanas & pears	Salmon spread & cucumber sandwiches Yoghurt	Apples & Oranges	Child- no sweetcorn
Tuesday	Toast & jam	Sultanas & apples	Sweet and sour veg & rice Lemon meringue pie	Breadsticks	Potato cakes & spaghetti hoops Fruits of the season	Bananas & oranges	Child-small amount of dairy Child- no pasta
Wednesday	Weetabix	Apples & oranges	Homemade tuna fishcakes, boiled potatoes & beans Fruit & whipped cream	Breadsticks	Ham sandwiches Lemon drizzle cake	Sultanas &bananas	Child- no sweetcorn Child- no beef/ pork
Thursday	Porridge	Breadsticks	Chicken and veg casserole with mash Peaches whipped cream	Sultanas & oranges	Cheese waffles & beans Chocolate Crispie cake	Apples & Oranges	
Friday	Cornflakes	Sultanas & Bananas	Sausages, mash, carrots & gravy Stewed apples & custard	Pears & oranges	Homemade tomato soup & crusty bread Scone, butter & jam	Digestive biscuit	Child-small amount of dairy